



# C **ompleteness**

## **Energy Technique One Day Workshop**

**Facilitating and restoring physical and emotional health and well being.**

**This progressive process of energy healing awakens and stimulates previously dormant Chakras in order to align with the advanced & developing energetic consciousness. The process releases restrictions and restores healing, strength and vitality.**

The technique balances the Aura, enhances grounding with the Earth and stimulates 18 resourceful fields of energy and Light, including the previously dormant Chakra centres.

On the day workshop you will learn and identify:

- ❖ The expanded and energetic principles of all of the revitalised and fundamental Chakras along with allied intermediary energy fields.
- ❖ How to use these energy centres for your own health and well being.
- ❖ How to incorporate the advanced chakras and energy fields into any holistic health work.
- ❖ The growth of consciousness that led to the Chakra advancements.
- ❖ Alignment of each of the Chakras to corresponding energetic essences.
- ❖ A preview of the energetic advances from Kings House Essences.
- ❖ Completeness self healing technique

**TUTORS: Jenny King and Rena Guttridge** Rena and Jenny combine a solid down to earth approach with a realisation and insight of divine and advanced principles. They both embrace holistic principles and work to advance the growth and successful development of energy healing. See their profiles and history at [www.healerfound.co.uk](http://www.healerfound.co.uk)

### **DATES 2010:**

**Saturday 26<sup>th</sup> June**

### **VENUE:**

**Under review & Planned to be in the West Yorkshire region.**

### **FEE:**

**£75 to include a copy of the Completeness Manual**

#### **Testimonials:**

"I have gained so much personal and professional enrichment from both doing the Course and using the Technique."

"The decision to do this course is really one of the best I feel I have ever made"  
"Thank you for a wonderful expansive experience that is Completeness"