



Completeness Chakra Energy **Technique.** **Settling disruption caused by illness or stress**

One Day Workshop

This one day workshop is designed to give insight to the philosophies and practice of Completeness and to facilitate personal self healing and development.

The technique balances the Aura, fortifies a grounding with the Earth and stimulates the restoration of 18 resourceful fields of energy and Light, including several previously dormant Chakra centres.

The following format is intended as a guideline, we work intuitively, with compassion and with individual requirements on the day:

- ❖ Insight to the expanded and energetic principles of the revitalised and historic Chakras along with relevant intermediary energy fields.
- ❖ Tapping to Completeness - How to stimulate and use these energy centres for your own health and well being.
- ❖ How to incorporate the advanced Chakras and energy fields into any holistic health work.
- ❖ The expansion of consciousness and Chakra reawakening.
- ❖ Alignment of each of the Chakras to corresponding energetic essences.
- ❖ An overview of the energetic advances from Kings House Essences including the Everyday Essentials range.
- ❖ Completeness as a self healing technique

TUTORS: Jenny King and Rena Guttridge Rena and Jenny combine a solid down to earth approach with a realisation and insight of divine and advanced principles. They both embrace holistic principles and work to advance the growth and successful development of energy healing. See their profiles and history at www.healerfound.co.uk

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FEE: £75 to include a copy of the Completeness Manual

Testimonials:

"I have gained so much personal and professional enrichment from both doing the Course and using the Technique."

"The decision to do this course is really one of the best I feel I have ever made"

"Thank you for a wonderful expansive experience that is Completeness"