



THE HEALER FOUNDATION  
NEWSLETTER – JANUARY 2007  
[www.healerfound.co.uk](http://www.healerfound.co.uk)  
Telephone: 01924 386860

Happy New Year to all our Members, here is the first 2007 edition of The Healer Foundation Newsletter. We would like to take this opportunity to wish all our members the very best of what 2007 has to offer!!

#### DECEMBER MEETING

We held a very informative and eventful meeting in December which epitomised the meaning "A Gathering of Like Minds" and we also had the chance to welcome some of our new members to The Healer Foundation. A Big Thank You to Chris Wade for his inspirational talk and to Jenny Howes who demonstrated the new Healer Foundation Technique (HFT). The meeting was a time for sharing thoughts and ideas with other members and guests in a supporting environment and I think everyone left feeling rejuvenated and enthused by the afternoon's discussions.

#### EDUCATION PROGRAMME/WORKSHOPS

Workshops and modules may be taken individually as extended study or as a whole constituting the Professional Diploma in Healing. For an application form, full details of the study available, prices, tutors and dates please contact Rena: [rena.g@virgin.net](mailto:rena.g@virgin.net) - 01484 664069 or Jenny [kingshousehealing@tiscali.co.uk](mailto:kingshousehealing@tiscali.co.uk)

#### THE HEALER FOUNDATION WEBSITE

The website continues to be developed and enhanced in 2007, with ever increasing hits to the site it is rapidly becoming a positive medium for information and expansion for the Foundation and its members.

Denise has kindly supplied the following information:-

The Healer Foundation is having a great start to the New Year. The membership has grown to 105 and, here we are only just into January and already we have an exciting new update regarding advertising on the web site.

We get over 700 visitors a month to the site and Roger is ever working towards increasing the profile of our web site, in particular the advertising of our members.

The Workshop page has been completely revamped to show a listing of workshops in date order with enough detail and links for visitors to get the info that they require. Take a look and see for yourself. [www.healerfound.co.uk/coursesnew.htm](http://www.healerfound.co.uk/coursesnew.htm) The costs of advertising courses are more than reasonable:

£5 per line/course, £25 per advertising panel with link and a brochure download.

It is very easy for you to book your course advertising for the coming months by completing the form from the link on the Workshop Page AND you can even pay online by credit card through Paypal.

Hope you find this new development as exciting as we do. Do let me know what you think. Any comments or feedback to Denise on 01924 386860 or [aromaden@yahoo.co.uk](mailto:aromaden@yahoo.co.uk)

#### WEB PAGE FOR THERAPISTS

Several of our members have already taken the decision to invest in a personal webpage and have already received rewards by increasing their client base. You can see a good example page on: <http://www.healerfound.co.uk/therapists/jennyhowes.htm>

Further information and details can be obtained from our website [www.healerfound.co.uk](http://www.healerfound.co.uk) or you may contact Roger Hocking (Web Designer) directly on 01937 845 557 or [greendrift@ntlworld.com](mailto:greendrift@ntlworld.com)

#### NEW MEMBERS

We would like to give a very warm welcome to our new Healer Foundation members:-

Karen Riley	David Hignett	Vanda Wilson	Andrew Robert Clements
Lynn Marshall	Anna-Louise Mayes	Stephanie Dawn Battye	Kathy Todd
Cheryl Edwards			

## MEMBER CONTRIBUTIONS AND FEEDBACK

Thank you to those members who have submitted newsletter contributions or thoughts for other members of the Foundation, we are always grateful for your input and support. If you would like to contribute to the newsletter please email me at: [michelle.newton@talktalk.net](mailto:michelle.newton@talktalk.net)

Maureen Dyson has kindly submitted a favourite quotation from Lucille Ball, a long-ago film and TV actress. Her speciality was the dumb-dizzy blonde, but in real life she had a superb brain and was an excellent business woman. She said:

*"Love yourself first and everything else falls into line. You really have to love yourself to get anything done in this world."*

Maureen has also taken the time to share the following with us, thank you Maureen...

*Ichigo - ichie.*

*A Japanese word which translates to:*

*The practice of treasuring each moment and trying to make it perfect.*

*This word and its explanation came via a mini-dictionary of such expressions in the daily paper last October and stopped the clock for the rest of the day. I had been lent the book 'The Zen Garden' by Judith Glover to read, but had discounted the idea of pruning and sweeping to keep the garden in stasis - gardens must change or die was what I believed.*

*But as Ichigo-ichie walked into the day I suddenly understood the purpose of the Zen garden; it shows that, via the Subtle Energies, there is always change. The wind ruffles the plants, the molecules move within the rocks and because we alter with each moment of life the garden is always new.*

*With that revelation came other clarities. We have learned we must work hard and succeed in the public eye, working with linear time and others' goals. The Light is now asking us to transmute those instructions, to be joyful in all our moments. Like the butterfly whose wing-beats cause the breeze to blow, our lightness of Spirit energises hope and confidence, taking the Light where-ever we go.*

*It is hard letting go the culture by which we are raised, perhaps having to lay to one side the healing qualifications we have worked to achieve so the responsibilities can be met, but we have been given a new way. Dance and laugh our way in the Now, give the gift of smiles to all we meet. I borrowed my grandson's expertise and now have a new screen-saver on the computer; it is a scene from 'The Divine Secrets of the Ya-Ya Sisters and shows Sandra Bullock, clad in gold from head to foot, dancing by the light of huge sparklers under a sheltering tree. It reminds me to do the same, to be Joyful.*

*With Love  
Maureen.*

## MEETINGS DATES 2007

The dates for this year's meetings are **4th April**, **5th September** and the **28th November**; please make a note in your diary. Further details regarding venue, times and speakers will be posted on the website and sent out via email nearer the time. If anyone would like to speak at one of our meetings please contact Michelle on [michelle.newton@talktalk.net](mailto:michelle.newton@talktalk.net) or 0114 2690902 to discuss further.

With Love and Light, Peace and Joy  
The Healer Foundation Team