

Rena Guttridge Jackson RGN Awakening the True Beauty and Power of the Self

NUMEROLOGY HANDBOOK, READINGS AND GUIDING – SELF HELP TOOL KITS

Rena, Founder and Principal of the Healer Foundation, is the originator of the work with Numerology principles allied to the Chakras.

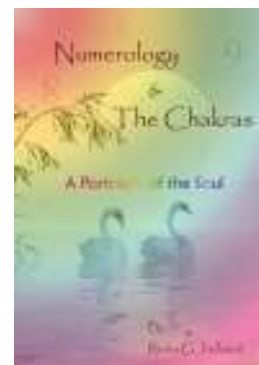
A tireless researcher into therapeutic energy fields, she is a Healer and Mentor who has dedicated her working life to energy medicine and especially to the promotion of self worth and confidence.

Advocating freedom from adverse influence or expectation, her work supports a new radiance of awareness and perception.

Her pioneering work and encouraging philosophies have been presented on an international platform at the Energy Psychology conferences in Toronto, Canada as well as in practice in the USA and Hong Kong.

Her main publication

Numerology & The Chakras, A Portrayal of the Soul
is a unique, illustrated, communicative Numerology guide and handbook.



Suitable for anyone and holding the key to self empowerment, it is for day to day use to expand and inspire the self and clientele, family and friends.

Easy to use and with unique, inspirational guidelines, the illustrated & communicative blueprint

- **Reveals your true birthright**
- **Uncovers your qualities, gifts & potential**
- **Defines your inherent skills**
- **Expands and inspires self esteem**
- **Awakens & restores confidence**
- **Breathes new life and light into day to day living**

"Thank you for giving me a new perspective"

"Rena's work is innovative, original and courageous."

"Rena is exceptional and inspirational. She has extraordinary wisdom, might and an unwavering commitment to healing transformation."

"Rena provides such a solid foundation and support - grounded in professional clarity and inspired in guidance. Thank you as ever."