



**The Healer Foundation
Dedicated to Healing Principles**

**A GATHERING OF LIKE MINDS
FREE ADMISSION TO MEMBERS – ALL WELCOME**

Dear Members

Please find below details of our next scheduled meeting where we have not ONE but TWO members speaking on subjects to help therapists take care of themselves. We do hope you are able to attend and enjoy our informative, social gathering of like minds.

Date: 18th June 2008
Time: Meet and greet at 1.00pm : Speakers start at 1.30pm
Continuing our theme of Practitioners Looking after Themselves our speakers will be:

Alison Tynan

Title: Kick The Diet

Alison will give a brief insight into where beliefs and habits have come from around food and activity. Are these beliefs even your own? Is your lifestyle triggering emotions that are impacting on your health? Can your unconscious beliefs and habits be affecting your health? Maybe your lifestyle is affecting your eating patterns and activity levels. Can your body image influence who you are? Nourish your mind and food for your thoughts!

Jan Edgar

Title: Dissolve Anxieties and Fears

Jan will describe and demonstrate how homeopathy and health kinesiology can help you to dissolve all those uncomfortable anxieties and fears, which can drain so much of your confidence and energy. Once free of these worries the therapies can then boost your vitality and enthusiasm to achieve whatever you wish. Jan will particularly be focussing on anxieties and fears that can be holding therapists back from achieving their full potential in their work and home life. If time permits Jan will do a short group exercise and a brief demonstration on kinesiology. She will also provide information about some of the homeopathic remedies which can help acute anxieties.

Place: Holmfield Arms, Thornes Park, Wakefield

REPLY:

NAME(s): _____

I WILL BE ABLE TO ATTEND THE MEETING ON Wednesday 18th June 2008

Name of Guests _____

Do they require a CPD Receipt? YES / NO (N.B. There will be a small charge of £5.00 for guests.)

So I can prepare your Attendance Certificate (for CPD) in advance please can you let me know ASAP if you plan to attend. Thank you

We look forward to seeing you there, in the meantime, if you have any questions please don't hesitate to contact me. Tel: 01924 386860. Email aromaden@yahoo.co.uk

Love and Light

Denise

Map & Directions

From the M1 (J39) take the A636 TOWARDS Wakefield town centre. The hotel is on the left at the 3rd roundabout.

Premier Travel Inn T: 08701 977 257

Thornes Park
Denby Dale Road
Wakefield
WF2 8DY

