

**The Healer  
Foundation**  
Dedicated to Healing



**Professional Healing and Development Course**

**Accredited to the BCMA  
British Complementary Medicine Association**

[www.healerfound.co.uk](http://www.healerfound.co.uk)

## Why choose the Healer Foundation course?

- **We are at the forefront of healing practice in the UK**
- **We work with advanced energetic principles**
- **We allow individual development in the structure of healing practice**
- **We awaken & expand the intuitive & unique contribution within everyone**
- **We bring an equal balance of spiritual and practical development**
- **We offer a safe and compassionate environment**
- **Our tutors are caring and experienced professionals in their field**

**The course is for those who want to extend their skills and who have an intuitive feel and inherent desire to expand in this profession and in their consciousness.**

**It is for those who wish to take their healing development and practice to the highest level.**

**The course consists of 28 days of contact study over a period of 2 years and is held at the**

**Holmfield Arms Hotel, Thornes Park, Wakefield**

**The venue is ideal for study and is easily accessible from Wakefield's main line station and major motorway networks.**

**If required, the adjacent Premier Inn provides overnight accommodation at reasonable rates**

**Throughout the course the main tutors will be available for personal mentoring**

**The fee is £1,885. 00 A realistic investment for all study for the 2 year period, personal sessions and tutor fees.  
A payment scheme is available on request**

**The next entry date is Monday 28<sup>th</sup> April 2008**

**All applications to be made initially to Rena, Principal of the Course and the Healer Foundation  
Contact details: [rena.g@virgin.net](mailto:rena.g@virgin.net) 01484 664069/ 07971 029343**

**INTER-ACTIVE 2 YEAR PROGRAMME**

<b>DATES</b>	<b>SUBJECT</b>	<b>ADDITIONAL LECTURE</b>	<b>STATUS</b>	<b>TUTOR</b>
<b>APRIL 2008</b> <b>Mon 28<sup>th</sup></b>	<b>NEW ENTRY DATE 1 Monday 28<sup>th</sup> April</b>			Rena /Jenny
<b>Tues 29<sup>th</sup></b>	Healing and Development	Receiving a case/ Basic counselling skills	Open to day students pm	Rena Sue Naylor
<b>Weds 30<sup>th</sup></b>	EFT Emotional Freedom Technique		Open	Anne Grey
<b>BY APPT</b>	Personal healing and development sessions			Rena; Jenny
<b>JUNE 2008</b> <b>Mon 16<sup>th</sup></b>	Sacred Space		Open	Susan Lupton
<b>Tues 17<sup>th</sup></b>	H&D			Rena /Jenny
<b>Weds 18<sup>th</sup></b>	Anatomy and Physiology 1		Open	Denise Howes
<b>SEPTEMBER</b>	<b>NEW ENTRY DATE 2 Wednesday 17<sup>th</sup> September</b>			Rena/Jenny
<b>SEPTEMBER 2008</b> <b>Thurs 19<sup>th</sup></b>	H&D	Nutrition/Food intolerance		Rena /Jenny Pauline Day Eve Campbell
<b>Fri 20<sup>th</sup></b>	Crystals/Flower essences		Group Co-joined + Open	Clare Walsh Jenny
<b>OCTOBER</b> <b>Thurs 16<sup>th</sup></b>	H&D + Effects of Influence & Power of the mind		Co joined	Rena/Jenny
<b>Fri 17<sup>th</sup></b>	Anatomy and Physiology 2		Co-Joined +Open	Denise Howes
<b>NOVEMBER</b> <b>Thurs 20<sup>th</sup></b>	Essence of Spirit		Co-joined	Anne Grey
<b>Fri 21<sup>st</sup></b>	H&D	Practice management Healing & NHS Regulatory principles	Co-joined	Rena/Jenny Denise Howes Janet Strickland

<b>FEBRUARY 2009</b>	Bereavement & grief counselling care Ethics & ceremony		Co-joined +open	Kath-Lynn Sugden Sue Naylor
	Anatomy and Physiology 3		Co-joined +open	Denise Howes
<b>APRIL 2009</b>	<b>NEW ENTRY DATE 3</b>			
<b>APRIL 2009</b>	H&D	NLP philosophies How we see, hear & feel	Co joined	Rena/Jenny Vanda Wilson
	Past Lives Psychic development		Co-joined +open	Kate Hare Chris Wade
<b>BY APPT</b>	Personal healing and development sessions			Rena/ Jenny
<b>JUNE 2009</b>	An introduction to the art of Kinesiology for Health		Co joined +open	Janice Hocking
	H&D	Ley Lines & the skills of Dowsing	Co joined +open	Rena/Jenny Anne Corder
	H&D	Colour and numerology philosophies		Rena/Jenny
<b>SEPTEMBER 2009</b>	Homeopathic First Aid		Co joined +open	Anne Grey
	H&D	Business, finance & book keeping	Co joined	Rena/Jenny Clare Walsh
	Running and Maintaining a Successful Practice		Co joined & open	Tam & Mary Llewellyn
<b>OCTOBER 2009</b>	<b>NEW ENTRY DATE 4</b>			Rena / Jenny
<b>NOVEMBER 2009</b>	Alexander Technique		Co joined + open	Grant Ragsdale
	H&D	Advances in energy psychology	Co joined	Rena/Jenny
<b>BY APPT</b>	Personal healing and development sessions			Rena/Jenny
<b>FEBRUARY 2010</b>	Healing with Sound		Co joined +open	Christina Whewell
	H&D		Co joined	Rena /Jenny Sue Naylor
	<b>GROUP CELEBRATION</b>			Rena/ Jenny/ Tutors

**Each trainee will have a Portfolio to include and monitor all of the above, including progress reports and notes from tutors.**

**Healing & Development days will include healing practice, personal advancement, assessment, supervision and ongoing case studies.**

**In addition to a set number of case studies, home study includes a comprehensive book list, media reading and holistic research.**

## **Our Tutors:**

### **Rena Guttridge RGN**

#### **Founder and Principal of the Healer Foundation**

An exceptional mentor, pioneering teacher and international presenter, Rena is dedicated to holistic healing practice and its advancement. A tireless researcher into energy medicine and universal consciousness, she teaches the elements and principles of revitalized Chakra energy and she will provide the prime support, healing expertise and personal progress throughout the course.

### **Jenny Howes**

#### **Main Healer Tutor**

Jenny has been working with healing energies since childhood and has a profound understanding of healing energy. She is a qualified practitioner of Healing and Holistic Management and is a Practitioner of Emotional Freedom Technique and Quantum Touch. Jenny has studied Alaskan Flower Essences and has been a healing practitioner since 1998. Jenny teaches workshops on Alaskan Flower Essences and runs a successful healing practice alongside looking after her two very lively sons.

### **Denise Howes**

#### **Anatomy & Physiology; Practice management**

Administrator of the HF, Denise runs a busy aromatherapy, remedial massage practice. With many years experience, and great enthusiasm for people and her subject, she has extensive skills in practice management and is teaching Anatomy and Physiology as is relevant to Complementary health.

### **Sue Naylor BSc MSc Health Education**

#### **Receiving a case; Basic counseling skills; Ethics and ceremony in healing practice**

A caring and efficient holistic health practitioner, Sue has worked in the NHS for a number of years running training courses and workshops promoting skills and knowledge on health based topics as well as theoretical aspects such as group skills and effective one to one communication. She qualified as an Aromatherapist in 1994 and went on to obtain a Diploma in Clinical Aromatherapy. She is a Bach Flower Registered practitioner and has taught Adult Education courses and workshops on aromatherapy and other healing modalities for 10 years.

**Anne Grey BAHons; RSHom; DipHom  
EFT; Esence of Spirit; Homeopathic First Aid**

Fellow of the Healer Foundation, Anne is a Homeopath, Healer and Life Coach working a busy practice in Leeds and Ilkley. She is a Practitioner and Trainer in Emotional Freedom Technique. Anne is a dedicated light worker with a passionate commitment to holistic healing and personal inner freedom and joy. In addition to specific skills, Anne brings a wealth of compassionate care, mentor support and holistic experience to the course.

**Clare Walsh Healer Foundation Finance Director  
Use of Crystals in healing; Financial management.**

Clare works full time as an Accountant Company Secretary for Madeira Threads UK and brings accounting and management skills to the course. Qualified with excellence as a Practitioner of Healing and Holistic Management following a two year course, Clare has a unique wisdom and caring that she extends to all on her pathway. She has a Master Certification in Crystology taught by Melody, the international known best selling author of "Love Is InThe Earth – A Kaleidoscope of Crystals"

**Susan Lupton  
Sacred Space**

A practising Healer and Counsellor in Otley. Susan is an ex shepherdess with a wonderful understanding of the earth's energies and their interaction with our lives. She is a graduate from the Hane Lea School of Healing, has unique skills and brings a multiplicity of wisdom and understanding to the course.

**Kate Hare BA Hons; PGDip Arts Management  
Past Lives**

Full time Healer and Clinical Hypnotherapist, Reiki and Seichem Master and Emotional Freedom Technique Practitioner, Kate encourages clients to find their way to health and happiness through the re-discovery of their inner truth and acts as mentor to other healers along their path. Kate specializes in energy healing including clearings, past life regression & healing, ascension and development of the self.

**Chris Wade  
Psychic development and support**

A Louise Hay Teacher; Workshops in Psychic Development, Chris is an exceptional empathetic healer and teacher who works with a philosophy of fun and positive approach. He brings inimitable spiritual experience to the course and is the originator of the breathing technique of 'Soul Re-Birth'.

**Kath-Lyn Sugden SRN****Bereavement care and grief counseling**

An excellent and empathetic tutor, Kath-lyn is an Ex-nurse, Bereavement Care Group Counsellor and Aromatherapy Practitioner who taught and worked at Kirklees Hospice, Huddersfield. Now a Life Coach and Counsellor, she is an exceptional caring tutor.

**Janet Strickland BA Hons; RN****Healing and the NHS, Regulations in healing practice.**

Representing the HF on the VSR council, Janet is an ex nurse and NHS manager. She is a Researcher and Lecturer at the University of Hull and an NLP Master Practitioner. She is the Chair of the Healer Foundation Professional Practice Development Group. Her common sense approach, ethical principles and easy way of approaching her subject make her an invaluable participant to the course.

**Pauline Day RGN; OHN****Nutrition and food Intolerance**

A leading figure in the UK in the field of food intolerance and its management, Pauline is an ex-nurse who has worked for many years expounding the intrinsic value of nutrition in complementary health. She is a Nutritionist; Food Allergy/Intolerance Advisor; Emotional Freedom Technique Practitioner; Ozone Therapy Advisor and Counsellor

**Eve Cambell Cert Ed; HND****Naturopathic nutrition in healing practice**

Eve brings her love and value of natural nutrition to the course. Her qualities and down to earth, understandable approach allows an easy integration of these healthy philosophies to be brought into practice. Her cheerful and pleasing persona is an asset and part of the learning process.

**Grant Ragsdale MSTAT****An introduction to the philosophies and practice of Alexander Technique**

Grant is a widely experienced and enthusiastic teacher who shares this philosophy and practice in an interesting and understandable way. The Alexander Technique is a method of helping the participant to use their mind and body in an efficient manner. Generally, this reduces the amount of wear and tear on the system, resulting in a reduction of physical pain and an enhanced sense of well-being.

**Tam Llewellyn PhD.,FRSA,FBIH,FAAMET and Mary Llewellyn BSc(Hons),FHRS(UK),FRSA,FAAMET**

**Running and managing a holistic practice**

Tam and Mary run a busy holistic and teaching practice in Tickhill, Yorkshire covering hypnotherapy, homeopathy and many of the energy psychology meridian techniques. Caring and empathetic, they are world wide teachers with a wealth of successful practice experience. As a team they work well together and this partnership brings a unique training expertise to the course.

**Vanda Wilson NLP master practitioner; CIPD**

Training, designing and presenting a variety of courses for over 20 years, Vanda uses classic training skills combined with NLP techniques to create highly effective learning. She specializes in Self Development, helping people to build confidence in themselves and their abilities. Confident and passionate about the value of training she promotes a positive environment for helping people to make a difference to their lives.

**Janice Hocking KFRP**

**Health Kinesiology**

Janice teaches this gentle and natural way to restore well being. Caring and enthusiastic of her practice, she brings an introduction to the technique that assesses imbalances, provides energy corrections and acts as a fore-runner to further training.

**Anne Corder MLI**

**Ley lines and Dowsing skills**

A traditional Feng Shui consultant, trained with the foremost Chinese Master Chan Kun Wah, Anne brings her beautiful experience of earth energies and their relevance in holistic practice. Her exuberant and thoughtful energy is an asset to the course and includes the basic and useful skills of successful dowsing.

**Christina Whewell**

**Healing with Sound**

Christina, an exceptional healer and beautiful soprano, opens up awareness to the value of sound and its healing effect on mind, body and spirit. This enlightening teaching and expansion of consciousness from Christina offers an unforgettable and profound experience.

**Course coordinators:**

**Rena Guttridge Jackson RGN**

**Teresa Dinsley-Philips Bsc**